An introduction and two body paragraphs....

People can develop praxis through learned actions. We all have a rudimentary idea of how to use praxis for survival but that is only a platform to be built upon through life experience and reflection upon that experience. A person who learns to paint will look upon their works of art and study them in order to improve their artistic skills. Symbiotically a person can reflect upon the experience of learning how to paint and improve upon their ability to learn new skills separate from painting. Freire says that praxis is action and reflection in order to transform our world, but what if we look at what we've used praxis to achieve in one field of life and apply it to a separate skill set? {This is Step 1: making a point to be supported >> Praxis allows us to view what we know and reflect upon it in a way that allows us to develop our sense of praxis through a learned set of skills. {This is step two: introducing that you have support → } Freire suggests that this extension of praxis can occur through a process of challenging. {This is step three: a quote sandwich, with evidence surrounded by your own words  $\rightarrow$ } Freire argues that by experiencing challenges, individuals "will feel increasingly challenged and obliged to respond" in ways that they couldn't have imagined (4). {This is step four: rephrasing the quote into your own words \rightarrow\ Here, Freire says that the act of challenge produces not just an immediate response. success or failure, but also something more important: a feeling of success and a feeling of an ability to respond. {This is step five: saying what it means, relating it back to the point. Notice that it can be two sentences! →} This is important because it opens up a space for Freire's education process to work at an entirely different level than success or failure. Through challenge, continued failure can in itself be productive because it leads to increasing ability in and of itself. In Freire's essay he says people's responses to challenge evokes new challenges, just as a painter can look upon their art and their skill and learn that they are capable of gaining knowledge. Once a person understands they can gain knowledge through action they will want to learn more, inquire more, and transform more. This is taking the idea of praxis pertaining to one aspect of life and evolving it to improve how we use praxis in all aspects of life.

Another body paragraph or two here... and a conclusion